

# Housing

## FAMILY COMMUNITY RESOURCE SERVICES



### How we can help

Navigating housing security can be overwhelming due to financial, systemic, and logistical challenges, yet it is essential to meet the basic human need for safety and stability, which is why accessible housing resources play a critical role in supporting families and individuals during times of crisis.

### Local Areas

#### Central Arizona Shelter Services (CASS)

206 S. 12th Ave., Phoenix, AZ 85007  
Operates adult and family shelters 24/7,  
365 days of the year.  
Website: [cassaz.org](http://cassaz.org)

#### Arizona Housing Coalition

1495 E Osborn Rd., Phoenix, AZ85014  
Solving homelessness and housing disparities  
while making housing security more equitable.  
Contact: 1-602-340-9393  
Website: [azhousingcoalition.org/  
housinginstability.html](http://azhousingcoalition.org/housinginstability.html)

#### Child Crisis Arizona

An emergency shelter for children up to age  
10 who've experienced abuse or neglect.  
Whiteman's Safe Haven for Children  
604 W. 9th St., Mesa, AZ 85201  
Contact: 1-480-969-2308  
Website: [childcrisisaz.org](http://childcrisisaz.org)

#### Arizona Department of Housing

1110 W. Washington, #280, Phoenix, AZ 85007  
Serves as the Collaborative Applicant and  
Homeless Management Information System (HMIS)  
lead agency for the Continuum of Care for the 13  
non-metro counties in the state.  
Contact: 1-602-771-1000  
Website: [housing.az.gov/housing-partners/  
special-needs-hp](http://housing.az.gov/housing-partners/special-needs-hp)

#### Save the Family Foundation of Arizona

Services: Provides transitional housing,  
supportive services, and life skills training for  
families experiencing homelessness or at risk of  
homelessness.  
Contact: (480) 898-0228  
Website: [savethefamily.org](http://savethefamily.org)

#### St. Vincent de Paul – Family Supportive Services

Services: Offers emergency housing, rental  
assistance, and other supportive services to low-  
income families.  
Contact: (602) 266-HOPE (4673)  
Website: [stvincentdepaul.net](http://stvincentdepaul.net)

### Did you know?

Dialing 2-1-1 in Arizona provides families with free, confidential access to a wide range of resources, including emergency housing, food assistance, healthcare, and childcare services. Available 24/7, this service connects callers to trained specialists who can guide them to support programs tailored to their specific needs.

# Food

## FAMILY COMMUNITY RESOURCE SERVICES



### How we can help

Healthy and reliable sources of food are essential for the well-being of individuals and families, but financial and access challenges can make meeting these needs difficult, highlighting the importance of community food resources in providing nourishment and stability.

### Local Areas

#### Arizona Food Bank Network

Made up of 5 regional food banks and nearly 1,000 food pantries working together.

Contact: 1-602-528-3434

Email: [info@foodbanks.org](mailto:info@foodbanks.org)

Website: [azfoodbanks.org](http://azfoodbanks.org)

#### St. Mary's Food Bank

2831 N. 31st Ave., Phoenix, AZ 85009

Helps feed hungry families across Phoenix and 9 Arizona counties.

Contact: 1-602-242-FOOD (1-602-242-3663)

Website: [firstfoodbank.org](http://firstfoodbank.org)

#### Desert Mission Food Bank

Services: Offers food boxes, nutrition education, and other community resources for families in need.

Contact: (602) 870-6062

Website: [desertmission.org](http://desertmission.org)

#### Supplemental Nutrition Assistance Program (SNAP)

Contact: 1-800-221-5689

Website: [fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://fns.usda.gov/snap/supplemental-nutrition-assistance-program)

#### The Salvation Army – Phoenix

Services: Provides food assistance through emergency food boxes, community meals, and partnerships with local pantries.

Contact: (602) 267-4100

Website: [salvationarmyphoenix.org](http://salvationarmyphoenix.org)

#### Mesa United Way – Mesa Can Food Bank

Services: Offers food assistance, including emergency food boxes and access to nutrition programs for families in Mesa.

Contact: (480) 833-9200

Website: [mesacan.org](http://mesacan.org)

#### Community Food Bank of Southern Arizona

3003 S. Country Club Rd., Tucson, AZ 85713

Provides emergency food boxes.

Contact: 1-520-622-0525

Website: [communityfoodbank.org](http://communityfoodbank.org)

#### Food Bank of Northern Arizona

Services: Provides food distribution services through partnerships with local pantries and community organizations across northern Arizona, including the Valley.

Contact: (928) 774-3188

Website: [foodbankna.org](http://foodbankna.org)

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# Transportation

## FAMILY COMMUNITY RESOURCE SERVICES



### How we can help

Transportation allows families to access essential services, such as healthcare, education, and employment, but challenges such as financial barriers or lack of reliable options can make it difficult. Transportation community resources play a key role in alleviating these difficulties by providing accessible and affordable options, helping families work towards reaching their goals and improving their overall life experiences.

### Local Areas

#### **AHCCCS – Non-Emergency Medical Transportation (NEMT)**

For Medicaid members who do not have their own transportation.

#### **Arizona Department of Economic Security**

Community resources to help with transportation needs.

Contact: 1-602-549-0419

Website: [des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation](https://des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation)

#### **National Transit Hotline**

Provides the names of local transit providers that serve the elderly and people with disabilities.

Contact: 1-800-527-8279

#### **The Salvation Army – Transportation Assistance**

Services: Offers transportation assistance for families in need, including rides to medical appointments, job interviews, and essential errands.

Contact: (602) 267-4100

Website: [salvationarmyphoenix.org](https://salvationarmyphoenix.org)

#### **National Aging and Disability Transportation Center**

Contact: 1-866-983-3222

Website: [nadt.org](https://nadt.org)

#### **Pinal County Transportation Services (for residents outside Phoenix metro)**

Services: Provides transportation for individuals and families in rural areas, including rides to medical appointments, grocery stores, and employment opportunities.

Contact: (520) 866-7278

Website: [pinalcountyaz.gov](https://pinalcountyaz.gov)

#### **Disability.gov – Guide to Transportation**

Website: [dol.gov/agencies/odep/program-areas/employment-supports/transportation](https://dol.gov/agencies/odep/program-areas/employment-supports/transportation)

#### **Valley Metro Services**

Provides affordable public transportation options, including buses, light rail, and rideshare programs for families in the Phoenix metro area.

Contact: (602) 253-5000

Website: [valleymetro.org](https://valleymetro.org)

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# Employment

## FAMILY COMMUNITY RESOURCE SERVICES



### How we can help

For families, employment ensures financial stability, access to healthcare, and the ability to meet basic needs, contributing to the overall stability within the family system. Employment resources reduce barriers like limited job opportunities, insufficient education or training or discrimination and give families the tools they need to be successful.

### Local Areas

#### Arizona Department of Economic Security

For job seekers

Website: [des.az.gov/services/employment/job-seekers](https://des.az.gov/services/employment/job-seekers)

#### Arizona@Work

Services: Provides workforce development services including job search assistance, career counseling, resume building, and training programs for low-income individuals and families.

Contact: (602) 771-1100

Website: [arizonaatwork.com](http://arizonaatwork.com)

#### Unemployment Insurance Benefits

Website: [des.az.gov/services/employment/unemployment-individual](https://des.az.gov/services/employment/unemployment-individual)

#### Goodwill of Central and Northern Arizona

Services: Offers job training, career services, and employment placement assistance for individuals facing barriers to employment, including low-income families.

Contact: (602) 535-4000

Website: [goodwillaz.org](http://goodwillaz.org)

#### JobPath

Services: Assists low-income individuals in Pima County and surrounding areas with job placement, career coaching, and accessing educational opportunities to improve employment prospects.

Contact: (520) 620-8482

Website: [jobpatharizona.org](http://jobpatharizona.org)

#### Chicanos Por La Causa (CPLC)

##### Workforce Development

Services: Provides job training, placement services, and support for low-income families, focusing on connecting them with sustainable employment opportunities.

Contact: (602) 257-0700

Website: [cplc.org](http://cplc.org)

#### The Salvation Army – Employment Assistance

Services: Offers employment services including job placement assistance, resume building, and interview coaching for low-income families in need of stable work.

Contact: (602) 267-4100

Website: [salvationarmyphoenix.org](http://salvationarmyphoenix.org)

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# Legal Support

## FAMILY COMMUNITY RESOURCE SERVICES



### How we can help

Navigating immigration status can be overwhelming and fraught with fear of uncertainty, but accessible resources offering legal advice and advocacy empower families to understand their rights and find paths to stability and safety.

## Local Areas

### Aliento

Services: Provides support for undocumented, DACA, and mixed-status families through legal advice, educational resources, and mental health services.  
Contact: (480) 788-1411  
Website: [alientoaz.org](http://alientoaz.org)

### Informed Immigrant

Services: Offers a comprehensive online resource hub with information about immigration rights, legal options, mental health support, and state-specific resources for undocumented individuals.  
Website: [informedimmigrant.com/#](http://informedimmigrant.com/#)

### Florence Project

Services: Offers free legal services, social services, and advocacy to immigrants facing detention and potential deportation.  
Contact: (602) 307-1008 (PHX)  
(520) 777- 5600 (Tucson)  
Website: [firrp.org](http://firrp.org)

### Puente AZ

Services: Supporting migrant communities in Arizona.  
Contact: (602) 252-1283  
Website: [puenteaz.org](http://puenteaz.org)

### Arizona Legal Center

Services: Offers free legal consultations and low-cost services for families in need, focusing on housing, family law, immigration, and other civil matters.  
Contact: (480) 727-0127  
Website: [arizonalegalcenter.org](http://arizonalegalcenter.org)

### Living United for Change in Arizona (LUCHA)

Services: Provides resources on immigrant rights, legal aid, workers' rights, and advocacy training to empower communities in Arizona.  
Contact: (602) 388-9745  
Website: [luchaaz.org/resources](http://luchaaz.org/resources)

## National Support

### My Undocumented Life

Services: An educational platform offering legal resources, college scholarships, internship opportunities, and information for undocumented students and families.  
Website: [mydocumentedlife.org/about/](http://mydocumentedlife.org/about/)

### National Immigrant Justice Center

Services: Provides legal services and human rights advocacy. Share strategic communication through research, reports, presentations, and media.  
Contact: Several numbers on Contact Us page  
Website: [immigrantjustice.org/](http://immigrantjustice.org/)

### United We Dream

Services: Provides legal advice, Know Your Rights information, advocacy resources, and tools for immigrants to fight deportation and navigate DACA-related challenges.  
Contact: (844) 363-1423  
Website: [unitedwedream.org](http://unitedwedream.org)

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